

HOME MEDICINES REVIEW

Helping you to manage your medicines at home

- Would you like help managing your medicines?
- Do you always remember to take your Medicines?
- Have you recently spent some time in Hospital?

Taking the right medicines the right way improves your health and helps you maintain your independence. Sometimes, however, you may not be getting the full benefit of your medicines. Or more seriously, medicines can occasionally make you sicker. This can happen if medicines are taken incorrectly. Sometimes it can happen if you take prescription medicines together with other healthcare products.

A home medicines review will help you to use your medicines more effectively and to avoid unwanted effects.

What is a Home Medicines Review?

A home medicines review is a service provided jointly by doctors and pharmacists for people who take medicines.

If your GP thinks you would benefit from a home medicines review and you agree to this, your GP then refers you to the community pharmacy of your choice and gives your medical details to the pharmacist. An appointment will be made for a pharmacist to see you, usually in your home.

The Pharmacist who visits you will look at all your medicines. This will include both your prescription medicines and any that you have bought without a prescription, for example at a supermarket or a health food store. The pharmacist will talk to you about any difficulties or uncertainties that you may have.

The pharmacist will talk to your GP about the results of the home visit and the GP will then talk to you about any changes that might be needed.

You might benefit from a Home Medicines Review if:

- ✓ You take a number of medicines;
- ✓ You are having difficulty with your medicines; or
- ✓ You have recently been discharged from hospital or from care



Talk to your GP or pharmacist if you think you might benefit from a home medicines review.

Are you a carer?

If you are a carer, the person you care for may benefit from a home medicines review. If so, talk to their doctor or pharmacist.

Do I have to pay for this service?

The commonwealth government will pay the pharmacist to visit you home. Your GP's service may be directly billed to Medicare or you can claim a Medicare rebate, as with any other consultation.

Why would doctors and pharmacists want to review your medicines?

Doctors and pharmacists understand that people who use medicines may have problems using them correctly.



Monday to Friday, 9am to 6pm

Eastern Standard Time (EST)

For the cost of a local telephone call. Calls from mobile phones may cost more.

Medicines Line gives you confidential information on:

- prescription medicines • over-the-counter medicines • herbal & natural therapies.

You can ask a qualified pharmacist about:

- how your medicine works • how to take your medicine • doses • side effects • interactions with other medicines • medicines, pregnancy and breast-feeding • medicines and children • storage • medicines in the media.

MEDICINES LINE IS NOT AN EMERGENCY SERVICE.

general information

1300 888 763 Medicine Line
Monday–Friday, 9am–6pm EST (local call)

detailed advice and prescriptions

Visit your doctor or pharmacist

emergency

000 and ask for an ambulance
24 hours, 7 days (free call)

poisoning/overdose

131 126 Poisons Information Centre
24 hours, 7 days (local call)

Your privacy is protected by law. All information you provide to *Medicines Line* is confidential and cannot be accessed by anyone else.

For more information about *Medicines Line*, visit www.medicinesline.com.au